While we’re all eager to get out there and ride, there’s a lot you can do now to prep your motorcycle and your mind. You and your bike will both be better off, and ready for the open road and brighter days ahead.

Go beyond the typical wash and wax by cleaning and degreasing the underside of the engine and chassis. This helps prolong the life of your bike and can also help you more easily spot leaks or damage that may have occurred since the last major inspection. If you are anticipating longer downtime, you might want to follow the long-term storage procedures in your owner’s manual.

Help your bike maintain peak performance. Inspect, adjust, lubricate, and repair as necessary. This Motorcycle Safety Foundation T-CLOCS Inspection Checklist is handy to have as you look over your motorcycle. There are many tasks you can do on your own, and most parts and accessories such as engine oil, filters, levers, etc., can be purchased online and shipped to your home. For more complicated services, your local service shop may be open as an essential business. Otherwise, it’s best to wait until local guidelines allow you to take your motorcycle to the service shop.

It’s fun to customize your motorcycle the way you want it, with windscreens, luggage, lights, grips, chrome, and more. There are also many online forums dedicated to specific motorcycle brands or models. Now is a great time to put in some research.

Staying at home may be the best and safest thing you can do right now, but that doesn’t mean you can’t still enjoy your motorcycle. Use this time to tackle a few repairs or projects, or perform routine maintenance you may have been putting off. Some motorcyclists have found this to be a great way to spend quality time with their kids while teaching them something, too. Here are a few things you can do solo or with family:

The Motorcycle Safety Foundation has a variety of online educational content that can help keep your mental strategies sharp. Best of all, much of this content is free. Visit the MSF’s online library for downloadable booklets, videos, and quick tips, or take the MSF’s Rider Perception Challenge. You can also take virtual street rides with the MSF from the MSF’s YouTube channel. For a more immersive learning experience, the MSF Basic eCourse is available for purchase.