### About the Core:

MSF Essential, Expanded and Recommend Core Programs that can help a novice rider develop into an excellent rider. These courses and programs are taken from the comprehensive MSF Rider Education and Training System (RETS).

The MSF encourages a comprehensive core of courses beyond simply learning to operate the controls, start out, turn and stop. Safe riding depends as much on the mental skills of awareness and judgment as it does on the physical skill of maneuvering the machine. These skills are perishable and need renewal and lifelong commitment.

While each core set of courses listed provides the knowledge, skill, attitudes and habits associated with quality riding, the recommended core is the most comprehensive. It not only provides a solid foundational start for a lifetime of safe riding, it extends training over a longer period of time for the most complete approach for personal development in risk management techniques. There is no time or mileage requirement between courses. After successfully completing the Basic RiderCourse, you can take any of our other hands-on courses at any time, in any order.

### Flexibility for Jurisdictions & Opportunities for Riders

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### Continuum of Learning

Physical Skills
- Mental Skills
- Reflection
- Self-Assessment
- Safety Renewal

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